

Adam S. Froerer, Ph.D.

Email: adam@thesfu.com

EDUCATION

Ph.D. 2009

Texas Tech University, Marriage and Family Therapy

M.Ed. 2006

University of Oregon, Marriage and Family Therapy

B.S. 2003

Brigham Young University, Major in Psychology, Minor in Zoology

LICENSURE

Licensed Marriage and Family Therapist (Georgia): License Number MFT001427

AAMFT Approved Supervisor (August 2015)

ACADEMIC/PROFESSIONAL POSITIONS

2020-Current Director of Research and Training, The Solution Focused Universe

2020 Interim Program Director, Family Therapy Program, School of Medicine,
Mercer University (Atlanta and Macon Campuses)

2015 - 2020 Associate Program Director, Family Therapy Program, School of
Medicine, Mercer University (Atlanta Campus)

2015 - 2020 Associate Professor, Family Therapy Program, School of Medicine,
Mercer University

2017 – 2018	Interim Clinic Director, Mercer Family Therapy Center, Atlanta.
2013 - 2015	Department Chair, Behavioral Sciences, Argosy University, Chicago
2012 - 2013	Associate Program Chair, Marriage and Family Therapy and Psychology Master's Programs, Argosy University, Chicago
2011 - 2012	Assistant Program Chair, Masters Industrial/Organizational Psychology, Masters Clinical Psychology, and Masters Forensic Psychology Program, Argosy University, Chicago
2009 - 2012	Assistant Program Chair, Masters Industrial/Organizational Psychology and Masters Clinical Psychology Programs, Argosy University, Chicago
2009 – 2015	Assistant Professor, Clinical Psychology, Argosy University, Chicago

TRAINING POSITIONS

2016 - Current	Trainer, BRIEF International, Keller, Texas and London, England <ul style="list-style-type: none"> • Conduct Solution Focused Brief Therapy Training
2013 - 2016	Assistant Director and Trainer, The Connie Institute, Keller, Texas <ul style="list-style-type: none"> • Conduct Solution Focused Brief Therapy Training

CONTRACTS/GRANTS

Froerer, A. S., Smith, C. P., Jordan, L.M., and Froerer, K. M. *Human Opportunity, Power, and Equity Project*. \$29,919, Georgia Health Foundation Grant for research with stakeholders interacting with survivors of human trafficking. Applied for in May 2019 (Not Funded).

Froerer, A. S. *Solution-Focused Brief Therapy Training in South Africa to Help Address Trauma among South African Residents*. \$4,000, Mercer University Seed Grant. July 2016.

Froerer, A. S. *Extraordinary Faculty Development and Research Scholarship*. \$2,500, Illinois School of Professional Psychology/Argosy University, Chicago. September 2012.

Froerer, A. S. *Extraordinary Faculty Development and Research Scholarship*. \$4,000, Illinois School of Professional Psychology/Argosy University, Chicago. September 2011.

Froerer, A. S. *Extraordinary Faculty Development and Research Scholarship*. \$4,150, Illinois School of Professional Psychology/Argosy University, Chicago. September 2010.

Froerer, A. S., & Smock, S. A. (Co-Officers), *Solution-Focused HIV/AIDS Groups Contract*, \$6,750, Planned Parenthood of Lubbock. 2/6/07 – 12/31/07

PUBLICATIONS

Books

Connie, E. E. & **Froerer, A. S.** (In Press). The solution focused brief therapy diamond: A new approach to SFBT that will empower both practitioner and client to achieve the best outcomes. New York: Hay House, Inc.

Froerer, A. S., von Cziffra-Bergs, J., Kim, J., & Connie, E. E. (Eds.). (2018). *Solution Focused Brief Therapy with Clients Managing Trauma*. New York: Oxford University Press.

Peer-Reviewed Journal Articles

Zhang, A. & **Froerer, A. S.** (Under Review). A clinical case study of solution-focused brief therapy for young adult cancer patients' psychological distress: Focusing on positive emotions.

Froerer, A. S. & Walker, C. R. (In Press). Solution focused brief therapy presuppositions: A comparison of 1.0 and 2.0 SFBT approaches. *Contemporary Family Therapy*.

Pérez Lamadrid, M. & **Froerer, A. S.** (2022). Solution focused brief therapy and vicarious resilience in Bolivian protective family service workers. *Journal of Solution Focused Practices*, 6, 1. <https://digitalscholarship.unlv.edu/journalsfp/vol6/iss1/4/>.

- Koorankot, J., Moosa, A., **Froerer, A. S.**, & Kareepadath Rajan, S. (2022). Solution focused vs problem focused questions on affect and processing speed among individuals with depression. *Journal of Contemporary Psychotherapy*. <http://doi.org/10.1007/s10879-022-09549-4>.
- Walker, C. R., **Froerer, A. S.**, & Gourlay-Fernandez, N. (2021). The Value of Using Emotions in Solution Focused Brief Therapy. *The Journal of Marital and Family Therapy*. Doi: 10.1111/jmft.12551.
- Kort, B., **Froerer, A. S.**, and Walker, C. R. (2021). Creating a common language: How solution focused brief therapy reflects current principles of change and common factors. *Journal of Solution Focused Practices*, 5(1), 30-44. Doi: <https://digitalscholarship.unlv.edu/journalsfp/vol5/iss1/5>.
- Froerer, A. S.** and Connie, E. E. (2019). The best hopes miracle: Why solution focused brief therapy has best hopes and miracle questions. *Solution Focused Literature*, 2(2), 1-14.
- Kim, J., Smock Jordan, S., Franklin, C, and **Froerer, A. S.**, (2019). Is solution-focused brief therapy evidence-based? An update 10-years later. *Families in Society: The Journal of Contemporary Human Services*. DOI: 10.1177/1044389419841688.
- Franklin, C., Zhang, A., **Froerer, A. S.**, & Johnson, S. (2017). Solution focused brief therapy: A systemic review of process research. *The Journal of Marital and Family Therapy* 43(1), 16-30. doi: 10.1111/jmft.12193.
- Froerer, A. S.** & Connie, E. E. (2016). Solution-Building, The Foundation of Solution-Focused Brief Therapy: A Qualitative Delphi Study. *Journal of Family Psychotherapy*, 27(1), pp. 20-34.
- Froerer, A. S.** & Smock, S. A. (2013). Microanalysis of the Content of Solution-Focused Brief Therapy Formulations. *Journal of Systemic Therapies*, 32(3), pp. 60-73.
- Smock, S. A., **Froerer, A. S.**, & Bavelas, J. B. (2013). Microanalysis of Positive and Negative Content in SFBT and CBT Expert Sessions. *Journal of Systemic Therapies*, 32(3), pp. 46-59.

- Froerer, A. S., Lucas, B. M., & Brown, T. B. (2012).** Current Practices of Intimate Partner Violence Assessment among Marriage and Family Therapy Trainees at a University Clinic. *Journal of Couple and Relationship Therapy*.
- Smock, S. A., **Froerer, A. S.,** Blakeslee, S. E. (2011). The History of Systemic Substance Abuse Treatment. *Journal of Family Psychotherapy*, 22 (3), pp. 177-192.
- Froerer, A. S.,** Smock, S. A., & Seedall, R. B. (2009). Solution-Focused Group Work: Collaborating with Clients Diagnosed with HIV/AIDS. *Journal of Family Psychotherapy*, 20(1), 13-27.

Book Chapters

- Froerer, A. S. (2021).** Solution focused brief therapy: A brief overview of the Connie-Froerer diamond approach. In Valeria Saladino (Ed.). *Le strategy in psicoterapia. Ricerca e innovation: Societa Scientifica di Psicoterapia Strategica*. Bari, Italy: Cacucci Editore. pp. 45-55.
- Froerer, A. S. & Connie, E. E. (2017).** Solution focused brief therapy in action: Substance use. In J. Kim, M. Kelly, & C. Franklin (Eds.) *Solution-focused brief therapy in school: A 360-degree view of research and practice* (2nd ed.). New York: Oxford University Press.
- Froerer, A. S. & Pagan-Romney, E. (2014).** Solution Focused Approach With Clients With Disabilities. In J. Kim (Ed.), *Solution-Focused Brief Therapy*. Thousand Oaks, CA: Sage Publishers.
- Froerer, A. S. & Smock, S. A. (2010).** Training Therapist for SFBT Group Work: A Multidimensional Approach. In T. S. Nelson (Ed.), *Doing Something Different: Solution-Focused Brief Therapy Practices*, pp. 201-207.
- Froerer, A. S., & Smock, S. A. (2008).** The Miracle Blog. In C. Sori & L. Hecker (Eds.). *The Therapist's Notebook III: More Homework, Handouts, and Activities for Use in Psychotherapy*. New York: Haworth, pp. 39-45.

Book Review

Froerer, A. S. (2007). Review of the book *Couples of mixed HIV status: Clinical issues and interventions*. *Journal of Couple and Relationship Therapy*, 6(4), 95.

Unpublished Course Material

Froerer, A. S., Simón, K. G., Morgan, M. L., & Dakin, J. B. Addiction: A Developmental Perspective. In K. Harris, T. Kimball, S. Shumway, S. A. Smock (Eds.), *ADRS 2310 Textbook*.

Simón, K. G., & Froerer, A. S. The Role of Gender and Sexual Orientation in Addiction. In K. Harris, T. Kimball, S. Shumway, S. A. Smock (Eds.), *ADRS 2310 Textbook*.

EDITORIAL RESPONSIBILITIES

2016 – Current	Ad hoc article reviewer for <i>The Journal of Marital and Family Therapy</i>
2020 - 2022	Board Member for <i>The Journal of Solution-Focused Practices</i> Associate Translation Editor (2020 - 2022)
2018 – 2020	Board Member for <i>Solution Focused Literature</i>
2013 – 2019	Board Member for <i>The Journal of Solution-Focused Brief Therapy</i>
2013 – 2018	Board Member for <i>Sage Open</i>

PRESENTATIONS

Invited Conference Presentations

International Presentations

Froerer, A. S. & Connie, E. E. (October 2022). *SFBT: An approach as lasting as a diamond*. 2-Day Conference Keynote. Johannesburg, South Africa.

Froerer, A. S. & Connie, E. E. (July 2022). *Solution focused brief therapy: An approach as lasting as a diamond*. Workshop presented at Essex Country Councils Essex Social Care Academy (ESCA) and Divisional Based Intervention Team's (DBIT) Fifth National Conference. Colchester, England.

Connie, E. E. & Froerer, A. S. (April 2021). *The evolution of solution focused brief therapy*. Keynote presentation at The Solution Focused Universe annual conference. Virtual conference.

Connie, E. E. & Froerer, A. S. (March 2021). *Staying hopeful in times of uncertainty: How you can use solution focused practice to support yourself and your clients to maintain hope and promote positive changes in the face of uncertainty*. Keynote presentation at the DBIT annual conference. London, England, UK.

Froerer, A. S. (December 2020). *The solution focused diamond approach: A new conceptualization of SFBT*. Workshop presented for Seaview Therapies. Online workshop, Bristol, England, UK.

Froerer, A. S. and Connie, E. E. (December 2020). *Solution focused brief therapy: An approach as lasting as a diamond*. Workshop presented for the 3rd International Conference for Solution Focused Practices. Online Conference for the Association of Solution Focused Practices-India, Kerala, India.

Froerer, A. S. (November 2020). *Solution focused brief therapy: The diamond approach*. Workshop presented at the 2nd Annual Conference of the Scientific Society of Strategic Psychotherapy. Online conference-Rome, Italy.

- Kort, B., and **Froerer, A. S.**, (November 2020). *Creating a common language: How SFBT reflects current principles of change and common factors*. Workshop presented at the Solution Focused Brief Therapy Association's annual conference. Online, Las Vegas, NV., USA.
- Froerer, A. S.** (February 2020). *Bringing solution focused research into the therapy room*. Key Note Presentation at the Solution Focused University's annual conference. Austin, TX, USA.
- Froerer, A. S.** (December 2019). *Why solution focused brief therapy is brief: What the research says*. Key Note Presenter at the International Training Conference on Brief Psychotherapies. Kozhikode, India.
- Froerer, A. S.** (December 2018). *The heart behind the research: What the SFBT research means*. Key Note Presenter at the International Conference on Solution Focused Practices. Bangalore, India.
- Froerer, A. S.** and Shari, B. (December 2018). *Panel discussion: Solution focused approach as a new wave of practice and research in psychology and allied sciences*. Panel member at the International Conference on Solution Focused Practices. Bangalore, India.
- Froerer, A. S.** (December 2018). *SFBT with clients managing trauma*. Workshop presented at the International Conference on Solutions Focused Practices. Bangalore, India.
- Froerer, A. S.** (February 2018). Closing Plenary Panel facilitator at the Solution Focused University Annual Conference. Niagara-on-the-Lake, Ontario, Canada.
- Froerer, A. S.** (April 2017). *The Power of Solution Focused Language*. Keynote Presenter at Solution Focused Institute of South Africa, Solution Focused Safari Conference. Johannesburg, South Africa.
- Froerer, A. S.** & Connie, E., & von Cziffra-Bergs, J. (October 2016). *Changing Trauma Flashbacks*. Workshop presented for the Solution Focused Institute of South Africa in Johannesburg, South Africa.

Froerer, A. S. & Connie, E., & von Cziffra-Bergs, J. (October 2016). *Changing Trauma Flashbacks*. Workshop presented for the Solution Focused Institute of South Africa Bloemfontein, South Africa.

Froerer, A. S. & Connie, E. (August 2012). *A Delphi study on solution building: What SFTers say about the process*. Workshop presented at the 4th Asia Pacific Solution Focused Approach Conference, Singapore.

Trepper, T., Beyebach, M., MacDonald, A., **Froerer, A. S.**, & Bavelas, J. B. (September 2010). *Panel discussion on research: What we know and what we don't about SFBT*. Plenary session at the 21st annual European Brief Therapy Association conference, Malmo, Sweden.

Froerer, A. S. (November 2009). *Microanalysis of solution-focused brief therapy formulations*. Research day presentation at the 7th annual conference of Solution-Focused Practices, Albany, NY, USA.

Smock, S. A. & **Froerer, A. S.** (April 2008). *The Process of getting SFBT recognized as Evidence Based Practice*. Plenary session at the 1st Solution-Focused World Conference, Aruba.

Smock, S. A., **Froerer, A. S.**, Korman, H., & Bavelas, J. B. (April 2008). *What do therapists actually do? Microanalysis of communication in solution-focused and other therapies*. Plenary session at the 1st Solution-Focused World Conference, Aruba.

National Presentations

Froerer, A. S. & Kim, J. *SFBT Research*. Opening Plenary at the 2016 Solution Focused Expo, Orlando, FL.

Connie, E. & **Froerer, A. S.** *The language of solution focused brief therapy and dealing with ethical dilemmas while using SFBT!* Closing Plenary at the 2015 Solution Focused Expo, Denver, CO.

Froerer, A. S., Connie, E., Gordon, A., Jonathan, N., Messmore, C., Metcalf, L., Ouer, R., & Rambo, A. *The new future of the solution focused approach.* Mid-conference Plenary at the 2015 Solution Focused Expo, Denver, CO.

Franklin, C., & **Froerer, A. S.** (October 2014). *Is SFBT Evidence-based? The current state of Research on SFBT.* Workshop presented at the American Association for Marriage and Family Therapy annual conference, Milwaukee, WI.

Froerer, A. S. (February 2014). *Does SFBT Really Work? What the Research Says.* Workshop at the 2014 Solution Focused Expo, Orlando, FL.

Froerer, A. S. (August 2013). *Solution building conversations with couples.* Keynote Speaker at the 2013 Solution Building Couples Therapy Summit, Fort Worth, TX.

Froerer, A. S. (August 2013). *The ethics of using SFBT in couples therapy.* Workshop at the 2013 Solution Building Couples Therapy Summit, Fort Worth, TX.

Froerer, A. S. & Connie, E. (November 2012). *A Delphi Study on Solution Building: What SFBT Clinicians Say about the Process.* Research day presentation at the 10th annual conference of Solution-Focused Practices, Minneapolis, MN.

State Presentations

Smith, C. P., Belous, C. K., **Froerer, A. S.** (September 2017). *Vicarious Trauma, Compassion Fatigue, and Burnout.* Presentation at the Georgia Commission on Family Violence annual conference. Jekyll Island, GA.

Smith, C. P., Belous, C. K., **Froerer, A. S.** (April 2017). *Vicarious Trauma, Compassion Fatigue, and Burnout.* Presentation at the Georgia Commission on Family Violence annual conference. Calloway Gardens, GA.

Smith, C. P., Belous, C. K., **Froerer, A. S.** (April 2016). *Vicarious Trauma, Compassion Fatigue, and Burnout.* Presentation at the Prosecuting Attorney's Victim's Witness annual conference. Brasstown: GA.

Local Presentations

- Froerer, A. S.** (July, 2022). *Solution focused brief therapy with clients managing trauma*. One day workshop for behavioral healthcare team at Grady Memorial Hospital, Atlanta, GA
- Froerer, A. S.** (August, 2021). *Developing a healthy marriage*. Presentation at the Northeast Georgia Preparedness Fair. Lawrenceville, GA.
- Froerer, A. S.,** (November 2020). *Introduction to solution focused brief therapy: The diamond approach*. Class presentation for Theories of Family Therapy course-University of Oregon. Online-Eugene, Oregon, USA.
- Froerer, A. S.** (October 2019). *Solution focused brief therapy with clients managing trauma*. One day workshop for behavioral healthcare team at Grady Memorial Hospital, Atlanta, GA.
- Froerer, A. S.** (September 2019). *Solution focused brief therapy: What's new and different*. Presentation to the Georgia Association for Marriage and Family Therapy's North Metro Atlanta Chapter.
- Froerer, A. S.** (May 2019). *Solution focused brief therapy with clients managing trauma*. Online presentation to North Central University faculty and students.
- Smith, C. P., **Froerer, A. S.,** and Belous, C. K. (June 2018). *Treating ourselves better: Awareness, resilience, and inner strength*. Presentation to the Criminal Justice Coordinating Council, Atlanta, GA.

Refereed Conference Presentations

International Presentations

- Froerer, A. S. & Walker, C. R.** (August 2021). *Solution focused presuppositions: A microanalysis study*. Workshop Presented the 2nd Annual SF24 Worldwide Online Conference: Building Hope, Empowering Change.

- Gillibrand, R., **Froerer, A. S.**, & Lunde, M. (August 2021). *Exploring through EEG how the brain responds to different solution focused questions: Early findings from a randomized controlled trail*. Workshop Presented the 2nd Annual SF24 Worldwide Online Conference: Building Hope, Empowering Change.
- Connie, E. E. and **Froerer, A. S.** (August 2021). *An approach as lasting as a diamond*. Workshop Presented the 2nd Annual SF24 Worldwide Online Conference: Building Hope, Empowering Change.
- Crowley, K., **Froerer, A. S.**, Walker, C. R., Jordan, S. S., & Devi Soni, T. (August 2021). *A bridge from academics to the real world: An invitation to students and new practitioners*. Workshop Presented the 2nd Annual SF24 Worldwide Online Conference: Building Hope, Empowering Change.
- Kort, B., **Froerer, A. S.**, & Walker, C. R. (January 2020). *Creating a common language: How SFBT reflects current principles of change and common factors*. Workshop presented at The Solution Focused University's annual conference. Austin, TX, USA.
- Froerer, A. S.** (December 2019). *Solution focused brief therapy with clients managing trauma*. Workshop presented at the International Training Conference on Brief Psychotherapies. Kozhikode, India.
- Froerer, A. S.**, Lange, P., & Walker, C. R. (February 2018). *Presuppositions in solution focused brief therapy*. Workshop presented at the Solution Focused University Annual Conference, Niagara-on-the-Lake, Ontario, Canada.
- Froerer, A. S.** & Walker, C. R. (September 2017). *SFBT with clients managing trauma: A neuroscience perspective*. Workshop presented at the SF World Conference, Frankfurt, Germany.
- Froerer, A. S.** & Connie, E. E. (November 2016). *The Five Components of a SFBT Session that are not Talked About*. Workshop presented at the 14th annual conference of Solution-Focused Practices, Halifax, Nova Scotia, Canada.
- Kim, J., Stark, M., Jordan, S. S., Langer, S., & **Froerer, A. S.** (November 2016). *Evaluating Clinical SFBT Practice*. Workshop presented at the 14th annual conference of Solution-Focused Practices, Halifax, Nova Scotia, Canada.

- Froerer, A. S. & Connie, E.** (November 2013). *What do We Know about Solution Building and how do we do it with Couples?* Workshop presented at the 11th annual conference of Solution-Focused Practices, Toronto, ON, Canada.
- Froerer, A. S. & Connie, E.** (September 2013). *A Delphi Study on Solution Building: What SFT Practitioners Say about the Process.* Workshop presented at the 20th annual European Brief Therapy Association conference, Bern, Switzerland.
- Froerer, A. S. & Connie, E.** (September 2013). *A Delphi Study on Solution Building: What SFT Practitioners Say about the Process.* Poster presented at the 20th annual European Brief Therapy Association conference, Bern, Switzerland.
- Smock, S. A., **Froerer, A. S.**, Bavelas, J. B., De Jong, P., & Korman, H. (September 2010). *Are SFBT and CBT really different?: Using microanalysis to compare what therapists do.* Workshop presented at the 17st annual European Brief Therapy Association conference, Malmo, Sweden.
- Froerer, A. S.**, Blakeslee, S. E., Houghtaling, A.W., Seedall, R.B., Simón, K. D., & Smock, S. A. (November 2007). *Solution-Focused Groups with Clients Diagnosed with HIV/AIDS.* Workshop presented at the 5th annual conference of Solution-Focused Practices, Toronto, ON, Canada.
- Froerer, A.S.**, Morgan, M., Simón, K. D., Blakeslee, S. E., Seedall, R. B., Houghtaling, A. W., Wilkins, E., & Smock, S.A. (November 2007). *Solution-Focused Groups with Clients Diagnosed with HIV/AIDS.* Poster presented at the 5th annual conference of Solution-Focused Practices, Toronto, ON, Canada.
- Blakeslee, S. E., **Froerer, A. S.**, & Smock, S. A. (November 2007). *A Phenomenological Analysis of SFBT Group Training for HIV-positive Adults.* Poster presented at the 5th annual conference of Solution-Focused Practices, Toronto, ON, Canada.

National Presentations

- Froerer, A. S.,** Smith C. P., & Belous, C. K. (October 2017). *Postmodern ethics in an era of black and white*. Forum presented at the 2017 annual conference of the American Association for Marriage and Family Therapy, Atlanta, GA.
- Connie, E. & **Froerer, A. S.** (September 2015). *Solution Focused Therapy: A New Description About What Works*. 5-hour Institute presented at the 2015 annual conference of The American Association for Marriage and Family Therapy, Austin, TX.
- Froerer, A. S.** & Connie, E. (November 2012). *A Delphi Study on Solution Building: What SFBT Clinicians Say about the Process*. Workshop presented at the 10th annual conference of Solution-Focused Practices, Minneapolis, MN.
- Connie, E. & **Froerer, A. S.** (November 2011). *A conversation about solution building*. Workshop presented at the 9th annual conference of Solution-Focused Practices, Bakersfield, CA.
- Froerer, A.S.,** Smock, S. A. (November, 2009). *Microanalysis of Solution-Focused Brief Therapy Formulations*. Workshop presented at the 7th annual conference of Solution-Focused Practices, Albany, NY.
- Froerer, A. S.,** Smock, S. A., Kim, J., Trepper, T. S., & Franklin, C. (November, 2009). *Solution-Focused Brief Therapy and Evidence-Based Practice*. Poster presented at the 7th annual conference of Solution-Focused Practices, Albany, NY.
- Smock, S. A., **Froerer, A. S.,** Bavelas, J. B. (October, 2009). *CBT and SFBT: A Look at the Similarities and Differences*. Workshop presented at the American Association for Marriage and Family Therapy annual conference, Sacramento, CA.
- Smock, S. A., **Froerer, A. S.,** Bavelas, J. B. (November 2008). *What's the Fate of Positive Talk: Microanalysis of Communication in Solution-focused Brief Therapy?* Workshop presented at the 6th annual conference of Solution-Focused Practices, Austin, TX., USA.
- Blakeslee, S. E., **Froerer, A. S.,** & Smock, S. A. (October 2008). *Therapy Implications: SFBT Training for HIV-Positive Clients*. Poster presentation at the 66th annual conference of the American Association for Marriage and Family Therapy, Memphis, TN.

Froerer, A. S., Brown, T. B., & Lucas, B. M. (October 2007). *Intimate Partner Violence Assessment Practices among MFT Trainees*. Poster presented at the American Association for Marriage and Family Therapy annual conference, Long Beach, CA.

Caridi, C., **Froerer, A. S.,** & Nagata, R. (November, 2006). *Group work that WORKS!* Workshop at the 4th annual conference on Solution-Focused Practices, Denver, CO.

Richards, C., **Froerer, A. S.,** Richards, P. S. (April, 2003). *A theistic view of spiritual maturity, identity, and self-esteem: An exploratory study*. Poster presented at the Association of Mormon Counselors and Psychotherapists annual conference, Salt Lake City, UT.

State Presentations

Froerer, A. S., & Connie, E. E. (April 2016). *Solution Focused Brief Therapy: The Language and how it Works*. Preconference workshop presented at the 2016 Annual Conference of the Georgia Association for Marriage and Family Therapy, Jekyll Island, GA.

Froerer, A. S., Morgan, M., Simón, K. D., Blakeslee, S. E., Seedall, R. B., Houghtaling, A. W., Wilkins, E., Smock, S. A. (March 2008). *Solution-Focused Group Format and Considerations for Clients Diagnosed with HIV/AIDS*. Poster presented at the Texas Association for Marriage and Family Therapy annual conference, Galveston, TX.

Blakeslee, S. E., **Froerer, A. S.,** Smock, S. A. (March 2008). *Using Qualitative Methods to Analyze an SFBT Group Training Experience*. Poster presented at the Texas Association for Marriage and Family Therapy annual conference, Galveston, TX.

Miller, J. K., **Froerer, A. S.,** Banks, E. C., Fink, A. J, Goodwin, A. M., & Stroyman, O. (March, 2006). *The reluctant client: Overcoming barriers to therapy*. Workshop at Oregon Association for Marriage and Family Therapy annual conference, Eugene, OR.

Local Presentations

Smock, S. A., **Froerer, A. S.,** & Bavelas, J. B. (October 2008). *What is the Fate of Positive Talk?* Poster presented at the Human Sciences week at Texas Tech University, Lubbock, TX

Community Professional Presentations

- Froerer, A. S.** (June 2019). *Mental health work from a solution focused brief therapy perspective*. One-day training with Behavioral Health Staff at Grady Health Systems Atlanta, GA.
- Froerer, A. S.** (July 2017). *Couples Communication*. Workshop for married, religious couples. Lawrenceville, GA.
- Froerer, A. S.** (July 2017). *Self-worth and Self-esteem: A presentation for girls*. Workshop for religious adolescent girls. Lawrenceville, GA.
- Froerer, A. S.** (April 2017). *Solution Focused Brief Therapy Introduction*. Two, 1-day trainings for Grady Hospital's Mental Health Professionals. Atlanta, GA.
- Smith, C. P., Belous, C. K., **Froerer, A. S.** (January 2017). *Vicarious trauma, compassion fatigue, and burnout*. Presentation for the Enotah Felony Drug Court, Dahlonega, GA.
- Froerer, A. S.** (January 2017). *Solution focused brief therapy with clients managing trauma*. Presentation for the Georgia Association for Marriage and Family Therapist, Metro Chapter. Atlanta, GA.
- Smith, C. P., Belous, C. K., **Froerer, A. S.**, Moore, D. D. [equal authorship] (March 2016). *Re-visioning our work with families: Considering social justice in clinical/therapeutic treatment*. Grand Rounds Dept. of Psychiatry and Behavioral Sciences, Mercer University School of Medicine, Macon, GA.
- Froerer, A. S.** & Froerer, R. A. (May 2015). *Dating and relationship development*. Workshop presented for girls 12-18. Aurora, IL.
- Froerer, A. S.** (March 2015). *Relationship development and communication in couple relationships*. Workshop for couples. Wheaton, IL.
- Froerer, A. S.** (January 2015). *Young women, addiction and self-harm*. Workshop for girls, ages 12-18, and their parents. Wheaton, IL.

Froerer, A. S. (December 2014). *Language and communication in couple relationships*.
Workshop for couples. Naperville, IL.

Froerer, A. S. (October 2014). *Faith and communication in couple relationships*. Workshop for
married, religious couples. Naperville, IL.

Froerer, A. S. (June 2014). *Chemical and behavioral additions: The effects on our bodies*.
Workshop for youth ages 12-18. Naperville, IL.

TEACHING EXPERIENCE

2015 - 2020 **Instructor, Mercer University, Atlanta**

- **MFT 625:** Family Therapy Theories
- **MFT 645:** Addiction in Family Systems
- **MFT 655:** Couples Therapy
- **MFT601, 602, 603, 604, 605, 606:** Professional Development Seminar Series
- **MFT 702/703/704:** Family Therapy Practicum
- **MFST 683:** Family Therapy 1
- **MFST 696:** Family Therapy Practicum
- **MFST 630:** Family Therapy Methods

2009 - 2015 **Instructor, Illinois School of Professional Psychology at Argosy University, Chicago**

- **MF6010/6011/6012:** Professionalization Group
- **MF6020:** Theories of Family Process and Development
- **MF6090:** Couples and Relational Counseling Skills
- **MF6200:** Human Sexuality
- **MF6510:** Social and Cultural Foundations of Therapy
- **PP6201 and 6202:** Masters Practicum Seminar
- **PP7110 and 7111:** Professionalization Group
- **PP7640:** Supervision in Family and Couples Therapy
- **PP8050:** Family and Couples Therapy
- **PP8102:** Advanced Family and Couples Therapy
- **PP8300:** Advanced Practicum Seminar

- 2008 - 2009 **TEACH Fellow, Texas Tech University**
- Fellowship award for teaching excellence and development
 - Attending teaching workshops and seminars concerning teaching effectiveness
 - Engaging in rigorous teaching evaluation activities
- 2007 - 2009 **Instructor, Addictive Disorders and Recovery Studies 2310: Understanding Drinking, Drugs, and Addictive Behaviors, Texas Tech University**
- Preparing syllabus, weekly lesson plan, and assignments for an undergraduate course
 - Maintaining records of attendance and grades on all assignments.
- 2005 - 2006 **Teaching Assistant, Karen Paez, M.S., Ph.D. Candidate, University of Oregon**
- Teaching Assistant for Counseling Psychology 410/510: Crisis Intervention
- 2002 **Teaching Assistant, Dr. Hal Miller, Brigham Young University**
- Teaching Assistant for Psychology 101: Introduction to Psychology

SOLUTION FOCUSED BRIEF THERAPY TRAINING EXPERIENCE

Six Month Diploma Course

Nov. 2019-March 2020 The Solution Focused University, Essex, England

16-Week Online Training Courses

Oct. 2019-Feb. 2020 Brief International: SFBT Training Course, with Elliott Connie, Evan George, and Chris Iveson

March 2019-July 2019 Brief International: SFBT Training Course, with Elliott Connie, Evan George, and Chris Iveson

Oct. 2018-Feb. 2018 Brief International: SFBT Training Course, with Elliott Connie, Evan George, and Chris Iveson

Oct. 2017-Feb. 2018	Brief International: SFBT Training Course, with Elliott Connie, Evan George, and Chris Iveson
Oct. 2016-Feb. 2017	Solution Focused Brief Therapy Training Course with Elliott Connie
April 2016-July 2016	Solution Focused Brief Therapy Training Course with Elliott Connie
October 2015-March 2016	Solution Focused Brief Therapy Training Course with Elliott Connie

Week-Long Intensives

May 2019	Orlando, Florida with Elliott Connie
August 2018	Brief International: London, England with Elliott Connie, Evan George, Chris Iveson, and Harvey Ratner
May 2018	Atlanta, Georgia with Elliott Connie
August 2017	Brief International: London, England with Elliott Connie, Evan George, Chris Iveson, and Harvey Ratner
January 2017	Dallas, Texas with Elliott Connie
July 2016	Dallas, Texas with Elliott Connie
July 2014	Ft. Lauderdale, Florida with Elliott Connie

Multi-Day Trainings

April 2017	2-Day Solution Focused Brief Therapy Master Class, Cape Town, South Africa with Elliott Connie
------------	--

- July 2016 2-Day Introductory Training, Tulsa Oklahoma with Elliott Connie
- November 2014 2-Day follow up training, Keller, Texas with Elliott Connie
- November 2013 2-Day Introductory Training, Tulsa, Oklahoma with Elliott Connie

One-Day Trainings

- May 2015 1-Day follow up training, Tulsa, Oklahoma with Elliott Connie
- July 2014 1-Day follow up training, Oklahoma City, Oklahoma with Elliott Connie
- March 2014 1-Day Introductory Training, Keller, Texas

PROFESSIONAL EXPERIENCE

Professional Committees and Boards

- 2020 - 2021 **Georgia Association for Marriage and Family Therapy (GAMFT), Election Committee Chair**
 - Led the gathering of nominations, running elections, and tallying results for statewide association
 - Participated as a GAMFT Board Member, attended board meetings, and voted on all relevant association matters
- 2018 - 2020 **The Solution Focused University**
 - Assistant Director
 - Chair of Research Council
 - Diversity Council Member
- 2015 - 2020 **Mercer University, Committee Membership**
 - School of Medicine Committee
 - Committee on Library and Learning Resources (2017-Current)

- MFT Program Committees
 - Executive Committee (2015-Current)
 - Admissions Committee (2015-Current)
 - Curriculum Committee (2015-Current)
 - Diversity Committee (2015-Current)

2019 **Georgia Association for Marriage and Family Therapy (GAMFT), Election Committee Member**

- Assisted in gathering nominations, running elections, and tallying results for statewide association

2009-2018 **Solution-Focused Brief Therapy Association, Research Committee Member**

- Co-Chaired annual research day events for the SFBTA conference (November 2011-2013)

2015-2016 **The Association for Solution Focused Practitioners**

- Founding Member
- Association Secretary

2009-2015 **Argosy University, Chicago Committee Membership**

- Campus-wide Committees
 - Fire and Safety Committee (2012-2015)
 - Institutional Review Board (2009-2015)
 - Graduation Committee (2012)
 - Student Professional Development Committee: Campus-wide Committee (2009-2011)
- Clinical Psychology Department Committees
 - Curriculum Committee (2009-2013)

Research Positions

2008 **Research Assistant, Dr. Thomas G. Kimball, Texas Tech University**

- Co-Authoring book chapters for Texas Tech University's Addictive Disorders and Recovery Studies 2310 Class Reader
- Developing a companion workbook for the ADRS 2310 Class Reader

- 2006-2008 **Research Assistant, Dr. Sara A. Smock, Texas Tech University**
- Researching solution-focused process research
 - Serving as assistant to the book review editor for the *Journal of Couple and Relationship Therapy*
 - Researching evidence-based practices
- 2005-2006 **Office Assistant, Center for Family Therapy, University of Oregon**
- Participated in data entry for clinic research projects
- 2002-2004 **Research Assistant, Dr. P. Scott Richards, Brigham Young University**
- Assisted in research and planning for second edition of *A Spiritual Strategy for Counseling and Psychotherapy*
 - Conducted examination of previous research and provided literature review
 - Wrote and completed requirements for IRB proposal for future empirical, qualitative and quantitative research

Clinical Positions

- 2021 - Current **Private Practice Clinician, Atlanta, GA**
- Provide therapeutic services to individuals, couples, and families
- 2015 - 2020 **Therapist, Mercer Medicine, Atlanta, GA**
- Provided therapeutic services to individuals, couples, and families
- 2015 - 2020 **Clinical Director, Mercer Family Therapy Center-Atlanta**
- Oversee all clinical work for Master of Family Therapy program at Mercer University
 - Provide supervision for students in the MFT program
- 2017 - 2018 **Interim Clinic Director, Mercer Family Therapy Center-Atlanta**
- Oversaw and coordinated all clinic operations
 - Assigned cases to clinicians and maintained clinic order
 - Created and oversaw all clinic policies and procedures
 - Managed all financial deposits

- 2010 - 2012 **Therapist, Psychological Services Center, Argosy University, Chicago**
- Provided psychotherapeutic services to individuals
- 2008 - 2009 **Therapist Intern, Employee Assistance Program, Texas Tech University**
- Providing individual, couple, and family therapy services
- 2007 - 2009 **Therapist Intern, Covenant Medical Center, Medical Family Therapy**
- Providing medical family therapy to families in pediatric ICU and pediatric oncology/hematology
 - Collaborating with a treatment team to provide comprehensive physical/mental healthcare to families
- 2006 - 2008 **Therapist Intern, Texas Tech University Family Therapist Clinic**
- Provided individual, couple and family therapy services
- 2006 - 2008 **Therapist Intern, Lubbock County Juvenile Justice Center**
- Provided individual and family counseling for incarcerated youth ages 12-17 and their families
 - Co-lead life skills and substance abuse groups for incarcerated adolescents
- 2007 **Therapist Intern, Juvenile Justice Alternative Education Program**
- Provided individual counseling to adolescents in alternative junior high and high school setting
- 2005 - 2006 **Therapist Intern, Center for Family Therapy, University of Oregon**
- Provided individual, couple, and family therapy
- 2005 - 2006 **Therapist Intern, Options Counseling Services, Eugene, Oregon**
- Provided individual, couple, and family therapy
 - Co-lead Dialectical Behavioral Therapy groups with clients diagnosed with borderline personality disorder
 - Co-lead domestic violence psychoeducation groups for non-offending parents children who had witnessed domestic violence
 - Co-lead groups for children who had witnessed domestic violence

2005 - 2006

Crisis Counselor, University of Oregon Crisis Center

- Provided direct crisis intervention over the telephone to students and community members
- Aided clients in working through crisis situation by providing immediate help, resources and encouragement
- Served as a back-up counselor working with the crisis counselor to process difficult call

RESEARCH INTERESTS

Microanalysis of Therapy Communication

Solution-Focused Brief Therapy

Intimate Partner Violence

Medical Family Therapy

AWARDS

- | | |
|-----------|---|
| 2018 | <p>Recipient of the <i>Brief London Award</i> from The Solution Focused University.</p> <ul style="list-style-type: none"> • Awarded for innovation in the field of Solution Focused Brief Therapy |
| 2008-2009 | <p>Recipient of the Health and Social Services Fellowship Award from Texas Tech University</p> |
| 2008-2009 | <p>Recipient of the Haggert Scholarship from Texas Tech University</p> |
| 2007-2008 | <p>Recipient of the Health and Social Services Fellowship Award from Texas Tech University</p> |
| 2007-2008 | <p>Recipient of the Marriage and Family Therapy Clinic Scholarship Award from Texas Tech University</p> |
| 2005-2006 | <p>Recipient of the Leon Culbertson Scholarship from the University of Oregon</p> |
| 2005 | <p>Awarded a “Pass with Distinction” on Comprehensive Examination from the University of Oregon Marriage and Family Therapy Program</p> <ul style="list-style-type: none"> • Passed with above 90% on first year comprehensive exam. |

- 2001 Membership granted to the National Society of Collegiate Scholars
- Awarded for scholarship, leadership, and service
- 2000-2001 Recipient of a General Academic Scholarship from Brigham Young University

PROFESSIONAL AND HONORARY MEMBERSHIP

- 2015-Present American Association for Marriage and Family Therapy (AAMFT), Clinical Member
- 2015-2021 Georgia Association for Marriage and Family Therapy (GAMFT) member
- 2009-2015 Illinois Association for Marriage and Family Therapy (IAMFT) member
- 2009-2015 American Association for Marriage and Family Therapy, Associate Member
- 2006-2018 Solution-Focused Brief Therapy Association (SFBTA) member
- 2005-2009 American Association for Marriage and Family Therapy, Student Member
- 2008 Phi Kappa Phi Honor Society Member
2008. Texas Association for Marriage and Family Therapy (TAMFT), Student Member
- 2004-2006 Oregon Association for Marriage and Family Therapy (OAMFT), Student Member
- 2002 National Society of Collegiate Scholars member

ORGANIZATION MEMBERSHIP

- 2008-2009 Prevention, Research, and Education on Violence and Trauma (P.R.E.V.N.T) Research Group, Lubbock, Texas
- 2006-2009 Texas Tech Marriage and Family Therapy Student Association, Lubbock, Texas

VOLUNTEER EXPERIENCE

- 2002-2003 **Utah State Hospital, Provo, Utah**
- Tutored and encouraged institutionalized children ages 6-10
 - Help enforce boundaries and rules for teachers and students
- 1998-2000 **Ecclesiastical Representative, Bristol England Area**
- Gave full time service on behalf of The Church of Jesus Christ of Latter-Day Saints
 - Interpreted for hearing-impaired individuals using British Sign Language (BSL)
 - Instructed others in BSL
 - Trained and taught other full-time representatives

PROFESSIONAL OUTREACH AND SERVICE

- 2017 American Association for Marriage and Family Therapy, Atlanta, GA
- Abstract reviewer
- 2016 The Association of Solution Focused Practitioners, Orlando, FL
- Program Committee Member
- 2015 American Association for Marriage and Family Therapy, Indianapolis, IN
- Abstract reviewer
- 2014 Coordinator of the SFBTA pre-conference research day in Santa Fe, NM
- 2013 American Association for Marriage and Family Therapy, Milwaukee, WI
- Abstract reviewer
- 2013 Coordinator of the SFBTA pre-conference research day in Toronto, ON, Canada
- 2012 Coordinator of the SFBTA pre-conference research day in Minneapolis, MN
- 2011 Coordinator of the SFBTA pre-conference research day in Bakersfield, CA

- 2006 American Association for Marriage and Family Therapy, Long Beach, CA
- Abstract reviewer
- 2006 American Association for Marriage and Family Therapy, Austin, TX
- Conference volunteer
- 2005 Law School Collaboration Project, University of Oregon, Marriage and Family Therapy Program
- Received training from law students and role-played a fact witness in a mock trial

DISSERTATION AND THESIS ADVISEES

Chair for the following students (*All at the Illinois School of Professional Psychology*):

Knudsen, Rachael: June 2012

Stowell, Jenna: May 2013

Gryzbek, Joseph: December 2012

Davis, LaKesha: June 2013

Miller, Timothy: May 2013

Guinta, Anne: September 2013

Silverman, Amber: May 2013

Committee Member for the following students:

Illinois School of Professional Psychology

Khan, Shamena: December 2010

Heinemann, Melissa: June 2013

Richardson, Ari: May 2012

Henja, Katie: June 2013

VanderPloeg, Laura: May 2012

Chapman, Aaron: August 2013

Lauer, Matthew: June 2012

Porcic, Irma: August 2013

McGowan, Caitlin: July 2012

Kemnic, Amanda: May 2014

Arneson, Ross: May 2013

Pagan-Romney, Ednalice: August 2014

Kostyshyna, Tetyana: May 2013

Rosario-Ortiz, Jonathan: August 2014

Medvedeva, Svetlana: May 2013

Kalpaxis, George: May 2015

Richards, Raquel: May 2013

Campos, Natalie: May 2015

Shenberger, Ashley: May 2013

Oganovich, Lauren: May 2015

Cummins, Kathryn: June 2013

Young, Rachel: May 2015

Committees at Other Universities

Shick, Ryan: January 2017-Athabasca University

Stillman, Angela: August 2018-Texas Wesleyan University

Courtnage, Alesya: Current – Wilfrid Laurier University

REFERENCES

Available upon request